

CREATING A PREDICTABLE CLASSROOM ENVIRONMENT

COMMUNICATE CLEAR EXPECTATIONS

- » Discuss your rules and expectations as a class.
- » Explicitly teach and model the rules and expectations.
- » Praise and reward expected behavior.

CREATE A CLASSROOM ROUTINE

- » Post a daily schedule and follow it.
- » Use routines consistently, creating an expected rhythm to your classroom.
- » Pre-alert students to changes.

EASE CLASSROOM TRANSITIONS

- » Use timers and countdown clocks as visual reminders.
- » Update students with the amount of time remaining.
- » Indicate transition times with music or a change in the lights.



BE MINDFUL OF PHYSICAL SPACE

- » Ensure that students have enough personal space within the seating chart.
- » Strive to have enough supplies for each student to have their own, preventing agitation.
- » Consider the room decor. Ask yourself if it is welcoming or over-stimulating.
- » Reflect on how loud noises or lighting changes may affect students.

